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SOBER COLLEGE: INTRODUCING COLLEGE & REHAB UNDER ONE ROOF

WOODLAND HILLS, California – What do you remember about college? Studying or partying? If it's the latter, you're not alone and should consider yourself lucky if you have not struggled with drugs and alcohol since that impressionable time in your life. Why? According to CASA Columbia, one in four Americans (25%) who began using any addictive substance before age 18 is addicted. Further, 90 percent of Americans suffering from addiction started smoking, drinking or using other drugs before age 18. Now, one treatment center is addressing this trend head-on, offering young adults ages 17 to 26 the chance to get sober **and** earn college credit, while they're doing it.

"Upon high school graduation, many parents imagine their kids going to an Ivy League, state university, private institution or community college. But chances are they haven't envisioned worrying day and night about their child's drug and alcohol use while in college," said Robert Pfeifer, founder and managing director of Sober College. "But recognizing the signs and symptoms of addiction in their kids and helping them choose a better, sober path in life, could be the most important role a parent plays during those impressionable, college-age years. At Sober College, we give young adults the tools they need to live a fun, enriching and sober life while also continuing their education."

In fact, Sober College is the only treatment program that offers drug rehab and on-site college education from an accredited university under one roof.

"The partnership between Woodbury University and Sober College has changed the way young adult treatment is done, placing Sober College at the forefront of combining education with addiction treatment," said Pfeifer.

Through its highly unique and innovative program, Sober College students can earn a Certificate of General Studies from Woodbury University, providing them with 15, transferable college credits.

Accredited Woodbury University courses, include: 1) Public Speaking; 2) Creative Writing; 3) Sociology: Drugs and Alcohol in Popular Culture; 4) Psychology: Personal Relationships and 5) Health & Wellness. These courses were designed specifically for Sober College students. They are engaging and relevant while also catering to the emotional, educational and personal needs of each client.

Sober College's exclusive program offers newly sober students a safe and engaging setting. Adjunct professors teach courses on-site, assignment submissions are handled online, quizzes and tests occur regularly and courses and homework are outlined via syllabi.

"And, while college is important to many young adults, here, there is no one-size-fits-all plan for clients," said Pfeifer. "Alternatively, we offer them flexibility. If a high school degree is priority No. 1 for a young adult's future success, for instance, we'll create a path to help them earn it. Or maybe finding a job is a needed life skill? We'll make that a part of a client's program. In short, we get it. We're all individuals and here, at Sober College, individualities, pursuits, differences and personalities are not only explored, they are embraced."

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ABOUT WOODBURY UNIVERSITY

Woodbury University is a private educational institution located in Burbank, California. More specifically, it's a WASC (Western Association of Schools and Colleges) accredited university. Founded in 1884, Woodbury is one of the oldest institutions of higher education in Southern California.

ABOUT SOBER COLLEGE

At Sober College, we examine and manage addiction treatment from a brain perspective. And it is under this umbrella of understanding that addiction is a primary and chronic disease of the brain, that Sober College's highly trained team of experts has developed a comprehensive, long-term, creative, refreshingly real and frankly, fun approach to healing for young adults (ages 17-26). Here, we encourage young adults to revel in sobriety by exploring life and all its possibilities while still in rehab. From continuing their education with our unparalleled, on-site, accredited college program to discovering passion in music with our resident rock star, from finding fitness, directing films and engaging in auto shop to testing boundaries with skydiving and showing off their gifts at monthly talent shows, we lead our clients down a path of self-discovery and self-expression to find self-esteem and self-determination. This is a treatment program that redefines rehab. Period. For more information, visit SoberCollege.com or call us at 877.635.2135.