



ABOUT US.

Sober College – a long-term, gender-specific treatment facility – opened its doors to young adults (ages 17-26) in 2006. Sober College’s age-specific program encourages clients to revel in sobriety by exploring life and all its possibilities while still in rehab.

Here, we examine and manage addiction treatment from a brain perspective. From brain health and cravings control to stress regulation, triggers management, cognition and even boredom prevention, we are focused on treating the addicted brain and its’ many, complicated and sophisticated needs.

And it is under this umbrella of understanding that addiction is a primary and chronic disease of the brain, that Sober College’s highly trained team of experts has developed a comprehensive, creative, refreshingly real and frankly, fun approach to healing for young adults.

Comprised of a community of specialists, Sober College is invested in our clients ... their health, their individual needs, their passions and interests, their education and ultimately, their enjoyment of life.

From encouraging clients to continue their education with our unparalleled accredited college program (a program that’s on-site!) to helping them discover passion in music with our resident rock star, from finding fitness, directing films and engaging in auto shop to testing boundaries with skydiving and showing off their gifts at monthly talent shows, we lead our clients down a path of self-discovery and self-expression to find self-esteem and self-determination.

At Sober College, we both value and embrace the idea that life doesn’t stop for sobriety; Sobriety becomes a part of a new life we build for ourselves. That’s why every program, every therapy and every activity we offer is focused on treating addiction from a brain perspective while also enhancing the sober lives of the young adults we both care for and admire.

Spending just one day at Sober College shows our clients – and their families – that with a lot of hard work, support, direction and passion, a full and exciting life is waiting for them ... inside our doors as well as outside our treatment facility.

Far beyond your typical treatment program, Sober College is rooted in reality with a twist of fun, to encourage life (in every sense of the word) after addiction.

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